

GLEBOM

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Special Edition

The Audacious 30

■ **AUDACIOUS LEADERSHIP IS CHOOSING INTEGRITY OVER COMFORT AND TURNING THAT CHOICE INTO SYSTEMS THAT PROTECT THE NEXT GENERATION**
- *Dr. Fauziya Buhari Ado*

■ **BREAKING BARRIERS, BUILDING LEGACIES: WOMEN REDEFINING POWER IN 2026**

■ **HEALTH BENEFITS OF DRINKING LEMON AND CINNAMON**



Meet

Dr. Fauziya Buhari Ado



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From the Editor's Desk

GLEBM International Women's Day Special Edition 30 Audacious Women in 2026

Today, March 8, 2026, as the world marks International Women's Day, GLEBM Magazine is proud to release a special commemorative edition honoring 30 Audacious Women to Watch in 2026, leaders whose bold decisions, strategic vision, and measurable impact are shaping the year ahead.

International Women's Day is not merely a date on the calendar. It is a global moment of reflection, accountability, and renewed commitment to equity. It calls attention to progress made, barriers that persist, and the work still required. In that spirit, this special edition does more than celebrate achievement, it documents momentum.

The women featured in this issue are founders, executives, policymakers, technologists, creatives, and community architects who understand that influence carries responsibility. They are redefining leadership not through rhetoric, but through results. Their work advances innovation, expands access, builds sustainable enterprises, and reimagines systems that were never designed with inclusivity at their core. Across industries, a common thread emerges: these leaders are not

waiting for permission. They are shaping markets, setting standards, and designing frameworks that prioritize long-term value over short-term optics.

What distinguishes this year's honorees is not only what they have accomplished, but where they are headed. GLEBM's selection process emphasized trajectory, scalability, and sustained impact. We sought women whose current work signals transformative influence in 2026 and beyond.

Their leadership reflects four defining qualities:
Strategic Courage: Acting decisively before consensus forms.
Purpose-Driven Performance: Aligning profitability with responsibility.

Inclusive Power: Elevating teams, communities, and future leaders.
Resilient Innovation: Turning disruption into opportunity.
International Women's Day reminds us that representation alone is not the destination, impact is. When women lead at scale, industries evolve. Governance strengthens. Economies expand. Communities thrive.
This edition is both celebration and call to action.
Recognition must translate into

reinforcement, through investment, partnership, mentorship, and policy support. Visibility must lead to opportunity. Applause must become access.

As we commemorate International Women's Day 2026, GLEBM reaffirms its commitment to spotlighting leadership that moves the needle. The 30 Audacious Women to Watch in 2026 are not symbols of possibility, they are architects of progress.

The future is not approaching. It is being built, deliberately, strategically, and unapologetically, by women who refuse to shrink their vision. Today, we celebrate them. Tomorrow, we support them. Always, we learn from them. ■



Shirley Murphy

**“I am Audacious
Woman because
I choose
Children's
futures over
comfort and I
turn that choice
into policy,
practice and
lasting change.”**

Dr. Fauziya Buhari Ado



Breaking Barriers, Building Legacies: Women Redefining Power in 2026

Shirley Murphy

Progress does not move forward simply because a new year arrives. It moves because someone decides that what exists is no longer enough and chooses to do something about it. In 2026, women across industries are not simply occupying leadership roles; they are redefining what leadership looks like through lived experience, hard decisions, and deeply personal conviction.

For many years, the focus was on gaining access. Women worked relentlessly to earn titles, visibility, and a seat at tables where major decisions were being made. Those victories were important and hard-won. However, something deeper has shifted. The conversation is no longer centered only on entry. It is centered on impact. Women are now asking whether the systems they worked so hard to enter are actually worth preserving in their current form.

The women shaping 2026 are not driven solely by ambition. They are driven by memory. They remember what it felt like to be overlooked in meetings. They remember the promotions that never came. They remember the times their ideas were dismissed, only to be praised when repeated by someone else. They remember the weight of balancing professional expectations with personal responsibilities that few acknowledged. Their leadership today reflects those experiences.

This is precisely why GLEBM chose to celebrate these women. As a platform committed to



spotlighting excellence across industries, GLEBM understands what it means to break barriers in spaces that were not designed for you. The decision to honor these leaders is not symbolic. It is intentional recognition of women who have not only navigated obstacles but have transformed them into stepping stones for others.

Breaking a barrier often happens in a moment. Building a legacy happens over time. Breaking a barrier may come with recognition and applause. Building a legacy requires discipline long after the applause fades.

The women redefining power in 2026 understand that courage is not a one-time act. It is a repeated

decision. It is returning to difficult conversations. It is advocating for policies that may not be popular but are necessary. It is holding firm to values when compromise would be easier and more comfortable.

Many of these leaders are managing realities that rarely appear in headlines. They are building businesses while caring for aging parents. They are navigating personal loss while guiding teams through uncertainty. They are healing from experiences that once silenced them while now mentoring others to speak. Their strength is not abstract. It is practiced daily.

Leadership itself is evolving because women are refusing to replicate models that once

excluded them. The older blueprint of leadership rewarded control, dominance, and hierarchy. The emerging blueprint values collaboration, transparency, and accountability. Women are creating spaces where people are invited to contribute rather than compete. They are designing environments where safety and performance coexist rather than oppose one another.

In business, profit still matters, but purpose matters alongside it. Women are increasingly unwilling to sacrifice long-term integrity for short-term wins. They are examining supply chains, rethinking hiring practices, and evaluating the social impact of their decisions. They are asking themselves whether the choices they make today will still feel right years from now. That level of reflection changes outcomes.

Legacy, in 2026, is not something reserved for retirement speeches. It is something being constructed daily. It is present in the mentee who gains confidence because someone believed in her early. It is visible in the policy that prevents harm for someone the leader may never meet. It is reflected in children who grow up watching women lead with conviction, integrity, and compassion.

This Is the Shift

The women redefining power in 2026 are not waiting for systems to evolve on their own. They are evolving them. They are not asking whether they belong in the room. They are asking what must change because they are in it. That difference is everything. Breaking barriers was necessary. It required grit, sacrifice, and courage that often went unseen. However, building legacies requires something even greater. It requires vision beyond the present



moment. It requires restraint when recognition tempts ego. It requires faith when progress feels slow. It requires the willingness to build structures that may benefit others more than oneself.

GLEBM recognizes that these women are not simply leaders. They are architects of change. They know firsthand what it costs to challenge the norm, to rise after rejection, and to build in environments that were not originally built for them. Celebrating them is more than acknowledgment. It is affirmation that their work matters and that their impact extends far beyond

individual success.

The true measure of leadership is not how high one rises, but how many rises because she did.

In 2026, women are no longer simply breaking barriers to walk through doors. They are reinforcing the hinges, widening the frames, and ensuring that those doors never close again. They are designing systems their daughters will not have to survive but will be able to thrive within.

This is not a trend. It is a transformation.

And it is only the beginning. ■

Dr. Fauziya Buhari Ado



Dr. Fauziya Buhari Ado is a distinguished Nigerian electrical engineer, public sector leader, and humanitarian whose career reflects a consistent commitment to innovation, sustainability, and community-centered impact. Known for combining technical excellence with principled leadership, she has built a multifaceted profile spanning engineering practice, corporate strategy, nonprofit development, and public service.

Education and Early Technical Innovation

Dr. Fauziya's interest in technology and problem-solving led her to pursue Electrical Engineering, where she demonstrated strong ingenuity and applied innovation. During her undergraduate studies, she designed a 500W solar power system, including an inverter and charge controller, as her final-year project—an early indication of her dedication to clean, renewable energy solutions and sustainable alternatives for communities with limited access to conventional power infrastructure.

In recognition of her leadership contributions and community development work, she received an Honorary Doctorate in Leadership and Management from the American Management University (AMU), USA. She is also a Fellow and member of several respected leadership and management institutes in the United States, reflecting international acknowledgment of her leadership capacity and professional influence.

Engineering and Corporate Leadership

Dr. Fauziya's professional career has been shaped by technical mastery, operational discipline, and strong managerial competence. As a Senior Engineer at Rumbu Industries Ltd, she contributed to the development and maintenance of engineering standards, operational procedures, and safety systems that strengthened efficiency and productivity. Her work also reflected an environmental lens, as she championed sustainability-focused internal initiatives aimed at waste reduction, recycling, and cleaner production processes, supporting the organization's commitment to responsible industrial practice.

Beyond engineering, she has served as a strategic business leader and director within multiple organizations, including Busy Broom and Muffins and Brownies, where she integrated innovation, customer experience, and sustainability into the broader corporate vision. Her leadership philosophy emphasizes inclusive decision-making,

long-term value creation, and measurable social impact.

Humanitarian Leadership and Advocacy

Driven by a strong commitment to social good, Dr. Fauziya serves as Director of the Daurama Foundation, an NGO focused on education, health, and the empowerment of women and youth. Under her leadership, the foundation has implemented vocational training initiatives for women, provided scholarships for disadvantaged children, and delivered healthcare outreach programs in rural communities, interventions designed to expand opportunity and strengthen community resilience across northern Nigeria.

Her advocacy extends to gender equity and inclusive development, and she remains an active mentor to young women pursuing STEM careers and leadership pathways. Through her work, she continues to champion the education of the girl child and the expanded participation of women in national development.

Public Service and Current Role

Dr. Fauziya currently serves as Special Assistant to the Executive Governor of Kaduna State, Senator Uba Sani, where she leads the State School Feeding Program, a flagship social welfare initiative designed to improve child nutrition and strengthen educational outcomes. Through strategic coordination and transparent oversight, she has supported progress in school enrollment and attendance, improved nutritional wellbeing among pupils, and contributed to local agricultural value chains by strengthening community-based supply systems.

Her work reflects a long-standing vision that social programs should function not only as support systems, but also as vehicles for empowerment, dignity, and opportunity, ensuring that no child is denied access to education due to hunger.

Legacy and Impact

Dr. Fauziya Buhari Ado represents a new generation of Nigerian leadership that is technically grounded, socially conscious, and globally oriented. Her contributions to renewable energy innovation, corporate sustainability, humanitarian development, and effective public administration have earned respect across multiple sectors. Guided by the belief that leadership is measured by the lives uplifted and systems improved, she remains committed to building lasting impact through every initiative she leads. ■

Audacious leadership is choosing integrity over comfort and turning that choice into systems that protect the next generation

- Dr. Fauziya Buhari Ado

The work of meaningful leadership rarely begins in moments of recognition or public praise. It begins in difficult decisions that require courage, clarity, and an unwavering commitment to doing what is right even when doing so challenges established systems. For Dr. Fauziya Buhari Ado, leadership has never been about occupying a position of authority. It has always been about using influence to improve systems that affect the most vulnerable members of society.

Her journey as an engineer, public servant, and humanitarian leader reflects a consistent commitment to accountability, innovation, and social responsibility. As a highly respected professional and the Special Assistant to the Executive Governor of Kaduna State, Senator Uba Sani, Dr. Fauziya has been entrusted with leading the State School Feeding Program, a critical initiative designed to improve children's nutrition, increase school attendance, and strengthen educational outcomes across the region.

Taking responsibility for such a programme required more than administrative oversight. It required a willingness to examine how systems were functioning and to confront practices that were no



Dr. Fauziya Buhari Ado

longer serving the children the program was designed to support. One of the boldest decisions she made was to address the issue of inflated enrollment figures that had become normalized within the system. Instead of continuing to approve payments based on inaccurate numbers, she insisted on verifying the actual number of children being fed in schools.

That decision demanded courage because it required challenging entrenched practices that many had grown accustomed to. It also required a commitment to transparency and accountability that placed children's needs above convenience. By implementing verification processes and tightening oversight, the program began directing resources more

accurately to the classrooms where they were truly needed. The result was a more efficient system that ensured food reached the children it was intended to serve.

Transforming an established system was not without its challenges. One of the most difficult aspects of the work involved navigating the realities of bureaucracy and resistance to change while attempting to implement urgent reforms across rural boarding schools. Such environments often require patience, diplomacy, and the ability to build consensus while still maintaining clear direction.

Through that process, Dr. Fauziya learned the importance of combining persistence with collaboration. She worked to build coalitions among stakeholders, listened carefully to concerns, and gradually introduced solutions that protected the integrity of the program while maintaining its operational effectiveness. These experiences strengthened her ability to balance empathy with firmness, ensuring that reform remained focused on the wellbeing of children.

The impact of these reforms has been visible in the lives of the students who benefit from the program. Improved nutrition has

translated into better concentration in classrooms, increased attendance, and renewed hope for many families who rely on school meals as a critical part of their children's wellbeing. Girls who might otherwise have been kept out of school now have stronger incentives to attend, and children who previously faced hunger are able to focus on learning rather than survival.

For Dr. Fauziya, these outcomes represent the true measure of leadership. Titles and recognition carry little meaning compared to the transformation that occurs when policies translate into tangible improvements in people's lives. Every child who receives a healthy meal through the program represents an investment in the future of Kaduna State and the broader society it serves.

Those who work with her often describe her leadership style as calm, purposeful, and highly practical. She approaches projects by listening carefully before taking action, and she ensures that systems operate according to clearly defined standards. Her attention to detail extends beyond policy discussions into the everyday realities of program implementation. She has worked to ensure that cooks participating in the feeding program meet medical fitness standards, that food preparation follows safe practices, and that schools incorporate gardens that can support local food production and sustainability.

Such practical interventions reflect her broader philosophy that policy must translate into real, measurable care for the communities it is designed to serve. Leadership, in her view, requires more than planning; it



requires constant engagement with the details that determine whether programs succeed or fail.

When challenges arise, the motivation that sustains her work is rooted in the stories and experiences of the children whose lives are directly affected by the program. Seeing the difference that proper nutrition and school support can make reinforces her belief that public service is ultimately about creating opportunities for others to thrive. Faith, a committed team, and the support of Governor Uba Sani have also strengthened her resolve to continue advancing reforms that deliver measurable results.

Like many women in leadership, Dr. Fauziya has also had to navigate environments where visibility and authority can sometimes bring scrutiny or self-doubt. The mindset that helped her remain confident in her role was the realization that leadership should not be centered on personal recognition but on responsibility to serve. When decisions are guided by competence and a commitment to improving outcomes, the focus shifts from individual validation to collective progress.

Her message to the next

generation of women reflects that same philosophy. She encourages young women to pursue excellence with preparation, courage, and empathy. She believes that expertise must be paired with compassion, and that lasting reform requires the ability to challenge systems while also bringing people together to support meaningful change.

As the work continues into 2026 and beyond, Dr. Fauziya is focused on building a legacy that extends far beyond her own tenure. Her goal is to establish a school feeding model that is transparent, accountable, and sustainable. By incorporating strong monitoring and evaluation systems, health-certified food preparation, standardized operational procedures, school gardens, and climate-conscious practices, she is laying the groundwork for a system that can continue serving children for generations.

Her vision reflects a broader understanding of leadership as an act of stewardship. Policies that are strengthened today can influence thousands of lives tomorrow, and systems built with integrity can continue delivering impact long after individual leaders move on.

Dr. Fauziya Buhari Ado stands as an example of how courage, competence, and compassion can come together to transform public service into a force for lasting good. Through her work, leadership becomes more than authority; it becomes a commitment to ensuring that every child, regardless of circumstance, has the opportunity to learn, grow, and thrive. ■

Health Benefits of Drinking Lemon and Cinnamon Tea



Lemon (often as warm lemon water) Hydration support: If lemon makes you drink more water, it can improve energy, digestion comfort, and focus. Vitamin C + antioxidants: Lemon adds vitamin C and beneficial plant compounds that support overall wellness.

Digestive comfort: Warm fluids can help some people feel less “sluggish” in the morning.

Kidney stone support (for some): Lemon contains citrate, which may help reduce risk of certain calcium kidney stones when used consistently.

Important note: Lemon is acidic, so frequent sipping can wear tooth enamel. Rinse your mouth with plain water after drinking and wait about 30 minutes before brushing.

Cinnamon (added to drinks or food)

Blood sugar support: Cinnamon

may modestly improve fasting blood sugar and insulin sensitivity, especially for people with prediabetes or type 2 diabetes (results vary).

Anti-inflammatory + antioxidant benefits:

Cinnamon is rich in protective plant compounds. Helps reduce added sugar: It adds flavor and “sweetness,” which can help you cut down on sugary add-ins. Important note: Most store-bought cinnamon is Cassia, which can be high in coumarin (too much daily can stress the liver). Ceylon cinnamon (“true cinnamon”) is generally safer for regular use.

Lemon + Cinnamon together.

This combination can be a simple, low-calorie wellness habit that supports hydration, adds antioxidants, and may help with blood sugar steadiness (mostly from cinnamon). It works best as part of a bigger routine: balanced meals,

movement, sleep, and stress management.

Safety reminders to mention

If you have acid reflux/GERD, lemon may worsen symptoms. If you take blood thinners or diabetes medication, cinnamon can interact, use caution and check with a clinician. A common daily range is ½ teaspoon cinnamon (preferably Ceylon); avoid high daily doses of Cassia long-term.

Conclusion

Lemon and cinnamon can be beneficial because they support hydration, provide antioxidants, and may gently support blood sugar balance, but they are not a “detox” cure or a shortcut to weight loss. The real value is consistency: choosing small daily habits that protect your energy, your metabolism, and your long-term health, while using them safely in a way your body can tolerate. ■